

# “THREE LIFE-CHANGING HABITS FOR 2007”

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Sunday Morning Notes

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## **Key verse:**

*“Do not waste time arguing over godless ideas and old wives’ tales. Spend your time and energy in training yourself for spiritual fitness.”*

1 Timothy 4:7 (NLT)

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## **TO BE “SPIRITUALLY FIT” IN 2007, I NEED TO.....**

### **1. SPEND TIME WITH GOD EVERY DAY**

“Quiet time” – Daily Bible reading and prayer

#### **THE REASON: To get direction from God**

*“Show me the path where I should walk, O Lord; point out the right road for me to follow. Lead me by Your truth and teach me...”*

Psalms 25:4-5a (NLT)

#### **THE ROUTINE: To get alone with God**

*“...Jesus often withdrew to lonely places and prayed.”*

Luke 5:16 (NIV)

#### **THE RESULT: I get God’s help**

(Jesus) *“...if you stay joined to Me and My words remain in you, you may ask any request you like, and it will be granted!”*

John 15:7 (NIV)

### **2. GIVE A TITHE TO GOD EVERY WEEK**

“Tithing” – Giving the first 10% of all my income back to God

#### **THE REASON: To draw me closer to God**

*“Wherever your treasure is, there your heart and thoughts will also be.”*

Matthew 6:21 (NLT)

*“The purpose of tithing is to teach you always to put God first in your lives.”*

Deuteronomy 14:23 (LB)

## **THE ROUTINE: On the first day of every week**

*“On the first day of every week, each of you should set aside a sum of money (for the offering) in keeping with his income...”*

1 Corinthians 16:2 (NIV)

## **THE RESULT: Incredible blessing**

*“Bring all the tithes into the storehouse so there will be enough food in My Temple. If you do,’ says the Lord Almighty, ‘I will open the windows of heaven for you. I will pour out a blessing so great you won’t have enough room to take it in! Try it! Let me prove it to you!”*

Malachi 3:10 (NLT)

## **3. GET TOGETHER WITH OTHER BELIEVERS REGULARLY**

“Fellowship” – Living life together in a large group (worship) and a small group

## **THE REASON: To encourage each other**

*“Some people have gotten out of the habit of meeting for worship, but we must not do that. We should keep on encouraging each other...”*

Hebrews 10:25 (CEV)

## **THE ROUTINE: At church and in homes**

*“Every day in the Temple and in people’s homes they continued teaching the people and telling the Good News...”*

Acts 5:42 (NCV)

## **THE RESULT: It makes me more effective**

*“Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up.”*

Ecclesiastes 4:9-10 (GN)